

WEEK 2

BABY ROOM MENU

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Mixed Cereal	Toast with jam	Mixed Cereal	Toast with jam	Mixed Cereal
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Milk	Milk	Milk	Milk	Milk
	or	or	or	or	or
	Oatmeal porridge	Oatmeal porridge	Oatmeal porridge	Oatmeal porridge	Oatmeal porridge
	- oatmeal - milk	- oatmeal - milk	- oatmeal - milk	- oatmeal - milk	- oatmeal - milk
Lunch	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Milk	Milk	Milk	Milk	Milk
	Chicken noodle soup with mixed veggies	Macaroni and cheese	Chicken nuggets	Rice and beef meatballs with gravy	Multigrain vegetable soup
	- chicken - noodle - peas - carrot - broccoli	- pasta - mozzarella cheese - cheddar cheese - cream	French fries	- rice - beef - soy protein - gravy	- lentils - barley - grits - carrot - onion
	Pita bread	Veggies	Veggies	Veggies	Naan bread
	- carrot - peas Milk	- carrot - peas Milk	- carrot sticks - cucumber Milk	- carrot - peas Milk	Milk
PM Snack	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Milk	Milk	Milk	Milk	Milk

All milk is 3.5% homo milk.

Extra milk is always available in the Baby room fridge, along with room temperature water.

Children are given water to drink several times a day.

Toast and bread are cut into small pieces.

Children who are able to chew are provided with chewable food.

Mixed cereal includes Cheerios, Rice Krispies, and Corn Flakes.

The daycare is a nut-free environment.

Pork and pork products are not served.