

## WEEK 2

## MONTHLY MENU

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b>	Mixed Cereal  Fresh fruit  Milk	Toast with jam  Fresh fruit  Milk	Mixed Cereal  Fresh fruit  Milk	Toast with jam  Fresh fruit  Milk	Mixed Cereal  Fresh fruit  Milk
<b>Lunch</b>	Chicken noodle soup with mixed veggies - chicken - noodle - peas - carrot - broccoli  Pita bread  Milk	Macaroni and cheese - pasta - mozzarella cheese - cheddar cheese - cream  Veggies - carrot - peas  Milk	Chicken nuggets  French Fries   Veggies - carrot sticks - cucumber  Milk	Rice and beef meatballs with gravy - rice - beef - soy protein - gravy  Veggies - carrot - peas  Milk	Multigrain vegetable soup - lentils - barley grits - carrot - onion  Naan bread  Milk
<b>PM Snack</b>	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit

Children are given water to drink several times a day.

Toast and bread are cut into small pieces.

Children who are able to chew are provided with chewable food.

Mixed cereal includes Cheerios, Rice Krispies, and Corn Flakes.

The daycare is a nut-free environment.

Pork and pork products are not served.